



## Safety and Security

The overall objective of the Hazardous Environment Awareness Training (HEAT) course is to prepare participants to understand and react to safety incidents in hostile environments and hazardous situations.

The course is designed for participants with a wide range of backgrounds and occupations, and with hostile environment experience ranging from none to significant.

Participants will be trained to recognize and mitigate potential threats and respond appropriately to various safety incidents.

During the HEAT course you will learn techniques on how to take control of chaos through classroom sessions and practical exercises. The training courses are based on the experiences and knowledge of an international humanitarian organisation.

The safety structure of a humanitarian NGO like the Danish Refugee Council (DRC) focus on how to stay and operate, rather than on how and when to leave. Proactive and non-aggressive measures form the basis of DRC's approach to safety, and thus the basis of the training course.

Pre-screening of training needs, close mentoring and follow-up with every participant ensures that he/she is able to understand and react appropriately to risks.



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### FOR MORE INFORMATION PLEASE CONTACT

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**The Danish Refugee Council (DRC)** is a humanitarian, non-governmental, non-profit organisation founded in 1956 that works in 35 countries throughout the world.

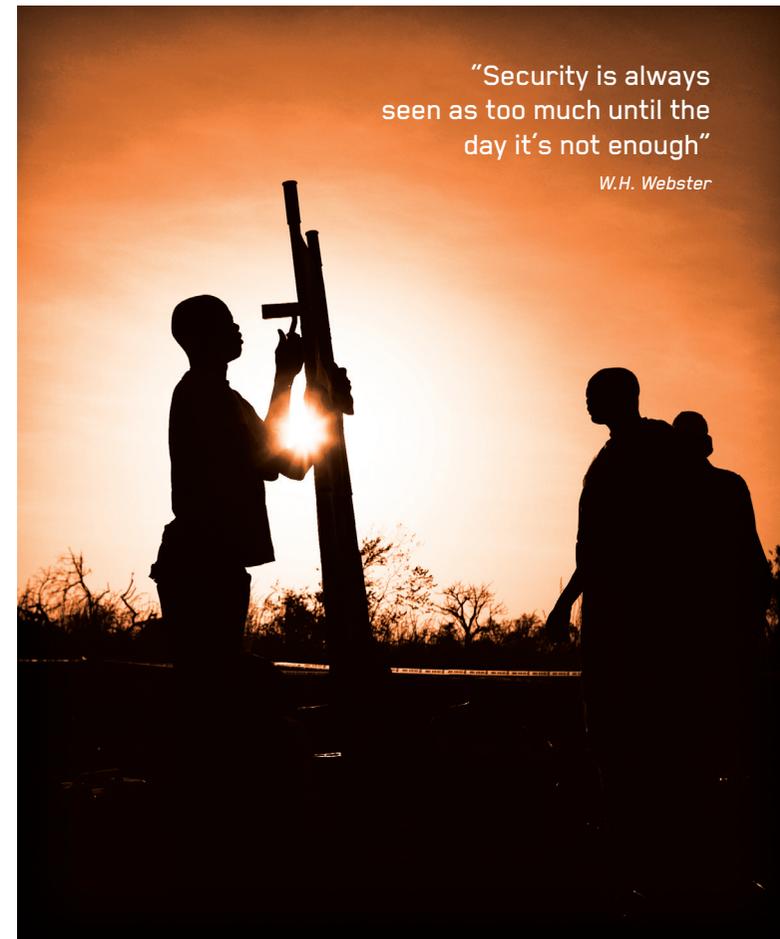
#### Our vision

No refugee must be in want of help to find protection and durable solutions. And nobody who wishes to be integrated into Danish society must be in want of help to do so. We want to be the best problem-solver with regards to displacement and integration.

DRC fulfills its mandate by providing direct assistance to conflict-affected populations – refugees, internally displaced people and host communities in the conflict areas of the world; and by advocating on behalf of conflict-affected populations internationally, and in Denmark, on the basis of humanitarian principles and the Human Rights Declaration.

Over the years, DRC has developed particular expertise in relation to the following core sectors:

- Housing and Small-Scale Infrastructure
- Production and Income Generation
- Food security & Agricultural rehabilitation and Development
- Non-food items; Displacement-related Law and Information
- Social Rehabilitation
- Capacity Development of Duty-Bearers and NGOs (including networking)
- Humanitarian Mine Action ( Danish Demining Group)
- Duty of care; Safety training & safety policy



“Security is always seen as too much until the day it’s not enough”

*W.H. Webster*

## HAZARDOUS ENVIRONMENT AWARENESS TRAINING

DRC HEAT

## Course Elements

The course elements consist of the following:

- Aggression and conflict survival
- Communication with focus on inter-cultural understanding and sensitivity
- Communications equipment
- Convoy planning & dealing with armed guards
- Context and risk assessment
- Negotiation
- Incident reporting
- Life-saving first aid
- Mine risk education
- Navigation
- Physical health & well-being
- Recognition and response measures to abductions
- Risk analysis
- Risk management strategies
- Roadblocks
- Road travel planning, movement protocols and preparation
- Safety risk management systems, standard operating procedures and contingency plans
- Stop-think-act approach for response
- Stress management and psychological welfare
- Vehicle safety



## Learning Objectives

By the end of the course participants will have obtained:

- Advanced safety awareness
- Advanced knowledge of risk assessment and mitigation strategies
- Advanced knowledge of contingency planning and standard operating procedures
- Awareness of main types of abductions, including basic knowledge of conduct after capture and mitigation of psychological effects of being a hostage
- Basic knowledge of intermediate technologies of personal safety, including hands on experience with GPS navigation and radio
- Increased awareness of emergency recovery of vehicles and fault finding
- Increased awareness of dynamics of psychosocial welfare in situations of stress, including basic knowledge of techniques of crisis management and team building
- Increased awareness of weapons systems, landmines and improvised explosive devices
- Knowledge of and a sound basis for continued learning and maintenance of appropriate personal safety practices
- Knowledge of basic requirements and techniques of survival, including life-saving first aid

## HAZARDOUS ENVIRONMENT AWARENESS TRAINING

DRC HEAT

## Safety Awareness

The HEAT course will provide you with a range of opportunities to share experiences, recognize personal vulnerabilities, and adopt best practices in terms of personal safety in hostile environments and hazardous situations.

Through working in plenary and team sessions facilitated by a team of professionals and experts with current operational field experience, you will be offered a number of integrated learning points, including keynote addresses and practical exercises. The learning points emphasize various challenges related to navigating in hostile environments, negotiating hostilities and managing body & mind in stress.

The learning experience is summarized in terms of a personal safety competency profile. This is a profile you develop yourself on the basis of the learning objectives of the course involving reflection, documentation of lessons learnt, planning for maintenance and continued development of your safety practices.

The HEAT courses are implemented globally. Through working in more than 35 countries we have a wide range of experience and capacity in the field of safety. The courses are planned to be conducted a minimum of eight times per year.